

RAMS Method Statement

RAMMAI_General_MEWPs-Specific_v2.0624



MyAbsolute.co.uk

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Location of the Work, Access & Control

Principal Contractor: **Absolute Plumbing & Maintenance Ltd (t/a MyAbsolute.co.uk)**

Principal Contractor Contact: Andrew Prest (MD) Andrew.Prest@MyAbsolute.co.uk, Contact: 07763 651 055

Instructing Contact: **Site Contact – Company**

Instructing Contact Telephone/Email: **Telephone / Email**

Planned Timeframe/Duration: **Date / Duration**

Contractor Staff: **Team Names**

The works to be completed will be fully scoped and agreed against the original instruction prior to attendance at site, any deviation from the planned works which reflect a change in visual appearance, time on site or reflect additional cost will be pre-agreed and subject to change control prior to any deviations being undertaken.

Control Measures to Reduce Risks:

Risk Control Systems (RCS) and Workplace Precautions (WP)

Risk Control Systems in operation: Daily / Weekly inspections, Audits, Reviews, Safety Checks, Recording and Monitoring, Site Safety Tours. **Workplace Precautions in operation:** Safety Signs, Barriers, Fixed Fencing, Guards, Protective Equipment, Personal Protective Clothing, Overall Prevention Policies, Training, Toolbox Talks, Site Inductions, Risk Assessments and Method Statements. **Working at Height:** The hierarchy of control for working at height will be followed and we expect all adopt these requirements also, namely:

- **Avoid work at height where we can**
- **Use work equipment or other measures to prevent falls where we cannot avoid working at height.**
- **Where we cannot eliminate the risk of a fall use work equipment or other measures to minimise the distance and consequences of a fall should a fall occur.**

Other Precautions: All areas below the erection site and the erected structure will be protected by barrier, bunting or look out person.

Tools/Equipment/Labour Resources Required:

- Portable Electrical Tools (Drills etc.)
- Hand tools
- MEWP (Mobile Elevating Work Platform)
- Full body safety harness lanyard and fall restraint system.

PPE Requirements:

- Head Protection As per site rules (Mandatory)
- Face/Eye Protection When using an angle grinder or if there is a possibility of projectile objects.
- Hearing Protection where levels exceed 80 dBA
- Hand/Arm Protection Gloves when handling sharp materials.
- Safety Boots always (Mandatory)

- Dust masks FP2S as min
- Hi Visibility Clothing, as per site rules (Mandatory)

Access to the Place of Work

1. All employees, contractors and visitors to the site will use the designated parking areas.
2. All employees, contractors and visitors will attend the site induction carried out by MyAbsolute
3. All employees, contractors and visitors will register their presence within the daily site register.
4. All employees, contractors and visitors will use the designated pedestrian and vehicle route when accessing and egressing the working areas.
5. All persons will comply with site rules in the wearing of personal protective equipment.

Access equipment to be used - Mobile Elevating Work Platform (MEWP)

1. MEWP will be manoeuvred into position and cage attachments fitted with retaining clips and anchors
2. Harnesses will be worn by operative who will attach the restraint system and lanyard to the allocated anchor point in the cage.
3. The MEWP will then be raised to the required levels; the machine MUST NOT traverse or move whilst the operative is still in the cage.
4. Required courses of brick will be broken out using hand tools, plastic vent offered in to position, and drill fixed in place.
5. Once work at the specific location is complete the MEWP will be lowered and manoeuvred to its next location at this point the area will be checked for clearance and head room and the cage attachment process and fall prevention system reintroduced **UNDER NO CIRCUMSTANCES MUST THE OPERATIVE DETACH FROM THE HARNESS OR THE ANCHOR POINT**
6. All operators of such equipment will have passed a current industry approved examination in the operation and use of such vehicles. All trained operators will wear a full body harness and lanyard. The lanyard must be secured to the operating basket at the securing point. Additional PPE to be worn as determined by the specific risk assessment. All work shall take place only from within the confines of the working basket, access and egress to and from the basket if at height shall only be at designated landing platforms. If this is not practicable a specific risk assessment must be compiled to identify any additional control measures required.
7. All materials must be fully secured and where there is risk of falls of materials from packs, load restraints will be used.
8. All work must only take place from designated working platforms.
9. In the event of any work that is unable to be carried out from a designated fixed working platform. The wearing of Safety Harnesses should be only used as a last resort.
10. In adverse weather conditions, special consideration must be paid to the stability of the structure and condition of the working platforms. Additional inspections shall be carried out and if need be, work shall be suspended. Work will only resume after an inspection of the structure by a competent person.
11. All work areas, access and egress route will be kept free from obstruction and debris. Good standards of housekeeping must be always maintained.
12. Following the completion of work, debris generated by the company's activities will be removed and disposed of into the specific site skips provided.
13. Emergency Evacuation Procedures will be in place and all the company operatives working at height will be aware of the procedures before commencing work at height.

14. Where any work is carried out adjacent to Public Highways or Thoroughfares, additional measures must be taken to prevent harm to the public and road users. Anti-fall Devices must be in place and the areas must be demarked with suitable barriers and signage, if so, required the Appointment of competent Banksman to marshal those areas likely to be affected.
15. All defects must be reported immediately to the company Site Manager / Foreman and must be recorded on the relevant inspection sheets.
16. The designated the company Site Manager / Foreman will bring to the attention of the managing director all matters regarding the health safety and welfare of all persons on site.

Details Work Sequence

*Where required the company will provide risk assessments to all persons who may be exposed to any hazards from either theirs or other operations. *This should include Noise, Vibration, Lifting operations and Environmental hazards.

1. Prior to work commencing our site supervisor or contracts manager will check that the scaffold design / edge protection is suitable and does not have any obvious defects and that the work area is ready for work to commence.
2. Rigging and de-rigging of safety netting is to be performed by operatives working from a mobile elevating work platform (MEWP), with a banksman in place to guide operations.
3. Operatives will hold current FASET certification, copies of which will be given to the Principal Contractor.
4. All safety netting used and installed shall comply with EN126
5. Safety Netting will be rigged between the primary steelwork across each of the bays in one operation. The nets will be tied only to suitable steelwork only. Any excess net will be gathered in to give a flush finish.
6. Once netting has been signed off by the rigger and handover notice issued, the area will be deemed as safe to work above.

Use of Safety Harnesses, Lanyards and Fall Arrest Equipment

1. Personal Fall Protection Equipment must only be used if a risk assessment has shown that the work can so far as reasonably practicable be performed safely whilst using this equipment.
2. All equipment should be used in compliance with the Work at Heights Regulations 2005.
3. All safeguards should be suitable and of sufficient of strength to arrest safely the fall of any person who is liable to fall.
4. Safeguards should be securely attached to suitable anchor points which should be of suitable strength and stability for the purpose of safely supporting the foreseeable loading in arresting any fall and during any rescue operation.
5. In the event of a fall, the safeguard itself should as far as reasonably practicable not cause harm to that person.
6. The Harness must be of suitable strength for the work to be carried out.
7. It must Fit the user, be correctly fitted and able to be adjusted to minimise injury in the event of a fall.
8. The user must have received suitable and sufficient training in the use of the equipment and this training must be documented.
9. A suitable shock absorber device must be fitted when using such equipment
10. In the event of a fall, there must be a suitable back up and rescue procedure.
11. A fall arrest system must not be used in a manner where there is a risk of the line being cut and insufficient room to allow its safe use.
12. The work restraint system shall be so designed to that it prevents the user getting into a position in which a fall can occur and be used correctly.

13. All tools must be suitably secured to prevent them falling.
14. All materials must be suitably secured to prevent them falling.
15. All defects must be reported immediately to the Site Manager and must be recorded on the relevant inspection sheets.

Hand tools.

1. All tools used at height erecting/striking scaffold must be fitted with lanyard
2. All tools provided must be assessed to ensure that they are fit for purpose; fit for the environment in which they are to be used and they are in good working condition.
3. Visual checks must be completed by operatives on tools prior to their use.
4. Tools are required to be suitable for the purpose for which they will be used.
5. Eye protection is to be provided and used whenever work is done using tools where there is a risk of flying particles or other pieces of the tool breaking off.
6. Open-bladed knives, screwdrivers, and other sharp tools are to be carried and used so not to cause injury to the user or others.
7. All tools should be kept clear of unnecessary grease, moisture or dirt.
8. Any moveable / adjustable parts should be lightly oiled to protect against corrosion and to prevent wear and misalignment.
9. Sharpening activities must only be carried out by professionals as it is a relatively skilled job.
10. Tools should not be left lying around, they constitute a severe tripping hazard, and they are liable to get damaged.
11. Site supervisor to monitor hand tools which can deteriorate with time to ensure they are sharpened or replaced as necessary, and ensure that the tools are being used correctly
12. Specific checks should be made as followed:
 - Chisels for mushroom heads.
 - Hammer and file handles for deterioration.
 - Open-ended spanners for splayed jaws

Working at Heights

Fixed Scaffolds: will be provided and maintained by approved contractor. They will be erected, altered and dismantled by competent persons with recognised CITB approved certification. Records must be kept of the same inspections as determined by The Construction (Design and Management) Regulations 2015.

NO UNAUTHORISED /UNQUALIFIED PERSON WILL ATTEMPT OR ALTER ANY SCAFFOLDING.

Materials Handling and Storage

1. All materials will be below the recommended guidance for manual handling lifting weight of 25kg.
2. All pallets of materials will be transported around site by the mobile plant under the control of the principal contractor and positioned as close as possible to the workface.
3. Pallets and packs lifted to load bays will be secured to ensure no material becomes loose and falls.
4. Where the movement requires short distances and along scaffold working platforms operators will use barrows or where this risk is minimal passage of materials between numbers of operatives.

Hazardous Substances

1. All Cementitious products have a corrosive nature, and this must be protected against by wearing suitable body, feet, hand eye and respiratory protection.
2. Any splashes that enter the eyes must be treated by flushing with warm water and medical treatment sort immediately do not irritate by rubbing.
3. Reference should be made to the COSHH Assessment manual based on site with the MyAbsolute site manager for full details of safety requirements.

Supervision and Coordination of Activities

1. The Site Manager / Foreman will manage the site activities daily and their responsibility is to control the working area and interface the company activities with all contractors.
2. Site Emergency procedures must be strictly adhered with, and all site rules will apply.
3. The Site Manager / Foreman will have overall responsibility for the safe coordination of the company scope of works.
4. He will attend weekly safety coordination meetings held by the Principal Contractor and will liaise with all other contractors to ensure all work can be carried out in a safe manner.
5. He will highlight any unsafe conditions or actions and will take the appropriate actions to make the conditions safe.

Environmental Considerations

Site environmental considerations must be always adhered to.

1. Under no circumstances must any waste materials, fuels or any other contaminate be allowed to enter the drainage system.
2. The site is to be protected from spillages entering drains and sewers, spillage kits are available on site and the company will give instruction on their location and procedures during the site induction
3. All insulation and package materials must be kept from entering the drainage systems.
4. These include for general waste, timber, waste plastics and cardboard etc. and any special waste.
5. Noise will be kept to a minimum whilst on site.
6. Foul and abusive language will not be tolerated, and operatives found using such language or gestures will be removed from site immediately.
7. Transistor radios will not be permitted on site.
8. The use of Mobile phones must only be used in accordance with site rules.

Fires will not be allowed on site and any burning of materials is strictly prohibited

Waste Disposal Arrangements

1. During the day debris, will be collected disposed in accordance with the company procedures.
2. Skips have been provided at the MyAbsolute depot and waste will be segregated and disposed into the relative skip for that waste. Following each working shift the debris will be removed and deposited into the skips provided.
3. The company will remove all accumulated waste and special waste to an authorised waste disposal agency.

Welfare, Health & Safety

The site supervisor will make all team members aware of the site-specific arrangements for access to welfare facilities which may include use of the station facilities where available.

- All vehicles are supplied with first aid, eye wash and clean up equipment suitable for the work tasks to be undertaken
- Any incidents MUST be reported immediately to site management team and appropriate medical assistance, with personnel affected taken straight to the nearest E&E department located at:

Emergency Contacts	Name	Contact Number
Director	Andrew Prest	+44(0)7763 651055
Site Lead Emergency Number	[insert name]	[insert mobile number]
Out of Hours/24 hr Emergency Number	Head Office	01642 688813

[A&E Department]

Hospital,
Address

MEWP's Specific Risk Assessment

Risk Assessment Ref. 001

Contract Location:
CLIENT/SITE ADDRESS

Issue date:

General Activities / Scope of Work:
 Installation of safety netting as per client's specification from a Mobile Elevating Work Platform (MEWP). All works to be carried out as per specification, MyAbsolute Operatives are to familiarise themselves with working drawings and ensure they receive any revisions which may affect the programme of works. All works will be supervised by an experienced operative who will liaise with the principal contractor's site manager.

What are the hazards:	Who might be harmed and how?	Risk Rating			Precautions already in place	What further action is necessary	Residual Risk Rating		
		Probability	Severity	Risk			Probability	Severity	Risk
Work at Height	Operatives - Falls from height/ Use of Access Equipment	5	5	20	<ul style="list-style-type: none"> <input type="checkbox"/> All work at height to take place from suitably constructed Working Platforms. (The Work at Height Regulations 2005) and be subject to the requirements of Regulation 6. <input type="checkbox"/> All access equipment to be compliant with the above regulations and secured to the structure with a suitable anchorage device. Work at Height Avoid work at height where we can <input type="checkbox"/> Use work equipment or other measures to prevent falls where we cannot avoid working at height. Where we cannot eliminate the risk of a fall, use work equipment or other measures to minimise the distance and consequences of a fall should a fall occur. 	<ul style="list-style-type: none"> <input type="checkbox"/> Remind operatives of safe system of work at site induction 	1	5	5

What are the hazards:	Who might be harmed and how?	Risk Rating			Precautions already in place	What further action is necessary	Residual Risk Rating		
		Probability	Severity	Risk			Probability	Severity	Risk
Use of Mobile Elevated Working Platforms (MEWPS)	Operatives, other people in the vicinity - Falls Of Persons, Falls Of Materials	5	5	25	<ul style="list-style-type: none"> ❑ The Working at Height Regulations 2005 ❑ Harnesses will be worn and attached to the MEWP whilst operating MEWPS. All operatives must be trained in the safe use of these platforms. The manufacturer's/ hirers representative will normally do this. All operatives must be trained in the wearing and use of a safety harness and lanyard, this equipment must be inspected/ checked and recorded as fit for use. Also suspension syndrome and rescue must be arranged for by training 	<ul style="list-style-type: none"> ❑ Manager to check company safety systems are being followed. 	1	5	5
As above	Operatives, other people in the vicinity - Unintentional Lowering Of Platform, Striking Against Overhead Obstructions, Cables Etc.	5	5	25	<ul style="list-style-type: none"> ❑ Platform capacity will be checked to ensure sufficient height and SWL for the work undertaken, before use. Where hired, proof of servicing will be required Platforms must not be operated outside the safe operating limits set by the manufacturers. Platforms must not be moved until they are clear of loose material. Platforms require regular maintenance, which must be arranged at appropriate intervals. 	<ul style="list-style-type: none"> ❑ Manager is responsible for ensuring that only trained and authorised personnel use the platforms 	1	5	5

What are the hazards:	Who might be harmed and how?	Risk Rating			Precautions already in place	What further action is necessary	Residual Risk Rating		
		Probability	Severity	Risk			Probability	Severity	Risk
Use of Mobile Elevated Working Platforms (MEWPS)	Operatives, other people in the vicinity - Platform Overturning	5	5	25	<ul style="list-style-type: none"> ❑ The operating area shall be firm and level. Stabilisers shall be extended before the platform is raised; platforms are not to be left unattended in the raised position. 		1	5	5
As above	Operatives, other people in the vicinity - Vehicles Or Plant Striking Platform	5	5	25	<ul style="list-style-type: none"> ❑ The area of the work is to be fenced off and control of site traffic and pedestrians will be planned 	<ul style="list-style-type: none"> ❑ Manager to check that all Workplace precautions and risk control systems to be adopted. 	1	5	5
Slips and trips	All operators, and tradesmen nearby, may suffer sprains, bruising or fractures if they trip over objects, such as work debris, or slip on spillages.	5	3	15	<ul style="list-style-type: none"> ❑ All operators wear safety boots – ‘no boots, no job’ policy. ❑ Good housekeeping, e.g. debris put in skip, brush available to use to keep work area clear. ❑ All trailing cables in work area hung up or otherwise kept out of harm’s way. ❑ Safe route to job agreed with site manager based on site health and safety plan. 	<ul style="list-style-type: none"> ❑ Manager to check on-site housekeeping during visits. ❑ Include in site induction before beginning work on day one. 	1	3	3

What are the hazards:	Who might be harmed and how?	Risk Rating			Precautions already in place	What further action is necessary	Residual Risk Rating		
		Probability	Severity	Risk			Probability	Severity	Risk
Manual handling	Staff risk problems such as back pain if they try to lift objects that are heavy/awkward to carry. Incorrect lifting techniques may lead to muscular injuries.	4	3	12	<ul style="list-style-type: none"> ❑ Staff to be trained in the correct method or removal. ❑ Ergonomic lifting devices to be used where possible (Hydraulically operated). ❑ Materials to be delivered to work face to reduce manual handling 	<ul style="list-style-type: none"> ❑ Manual handling shall be avoided wherever possible. ❑ All materials will be delivered to work area mechanically, keeping manual handling to a minimum. ❑ Correct gloves, footwear, clothing etc shall be worn. ❑ Individuals shall not lift materials in excess of 20kgs unaided. 	2	3	6
Contact with Mobile Plant	Operatives struck by moving vehicles	3	3	9	<ul style="list-style-type: none"> ❑ Pedestrians and mobile plant are to be segregated on site by barriers and designated traffic routes. ❑ Speed limit of 5 mph whilst on site for all traffic ❑ All reversing vehicles to be under stewardship of trained banks man. 	<ul style="list-style-type: none"> ❑ All staff to be briefed on Traffic Plan prior to starting work on site. 	1	3	3
Electricity – Portable electrical equipment	Operatives and others risk potentially fatal injuries if they receive a shock from faulty electrical equipment.	4	5	20	<ul style="list-style-type: none"> ❑ Site manager to supply 110 v temporary supply. <p>Staff know to check all cables, leads etc. of all powered tools/ equipment before use, and to report all faults to their supervisor.</p>	<ul style="list-style-type: none"> ❑ During site induction on day one, manager to reinforce rules on electrical safety. 	1	5	5

What are the hazards:	Who might be harmed and how?	Risk Rating			Precautions already in place	What further action is necessary	Residual Risk Rating		
		Probability	Severity	Risk			Probability	Severity	Risk
Lack of awareness of risk by staff	Staff are at risk if they are not aware of the risks on site and how those risks are controlled.	3	4	12	<input type="checkbox"/> Risk assessment discussed with all staff and a copy held within project folder on site.	<input type="checkbox"/> No further action needed at this stage	1	4	4
Verbal abuse or assault	Staff may suffer verbal abuse, and possibly assault, from members of the public and others, particularly if working in quiet or remote areas.	3	3	9	<input type="checkbox"/> Staff trained to make supervisor aware when they are working in a remote location. <input type="checkbox"/> Staff report all instances of abuse.	<input type="checkbox"/> No further action needed at this stage	2	3	6
Extremes of weather	Staff working outside may suffer discomfort and possibly ill health from exposure to poor weather.	3	3	9	<input type="checkbox"/> Suitable personal protective equipment provided for staff working outdoors.	<input type="checkbox"/> All work at height to cease in adverse weather--work face and materials to be secured or removed from height.	2	3	6

PROBABILITY = Likely (5) - Probable (4) - Possible (3) - Remote (2) - Improbable (1)
 SEVERITY = Catastrophic (5) - Major (4) - Reportable (3) - Serious (2) - Minor (1) RISK = PROBABILITY x SEVERITY
 * Residual risk is the level of risk that remains after suitable and sufficient control measures are introduced.

Persons at Risk	Probability		Severity	Severity						
				5	4	3	2	1		
				L	Pr	Po	R	Im		
P – Public	Likely (L)	5	5	C	25	20	15	10	5	1-6 Acceptable
E – Employee	Probable (Pr)	4	4	Ma	20	16	12	8	4	
C – Contractor	Possible (Po)	3	3	R	15	12	9	6	3	8-25 Not Acceptable
V – Visitor	Remote (R)	2	2	S	10	8	6	4	2	
	Improbable (I)	1	1	Mi	5	4	3	2	1	

Team Briefing Record

Works Title	MEWPs-Specific
Briefed By	
Date	

I / We the undersigned have been briefed in the contents of the above-mentioned method statement and understand the work and responsibilities placed upon myself. If for any reason stipulations within the method statement doesn't work or I'm unable to comply with the procedures set out I will immediately stop work, make the situation safe and inform the site supervisor and/or station management present. If any procedure or control measure requires changing, I will obtain authorisation from the site supervisor prior to implementing any deviated practice from those contained within this method statement.

Name:	Signature:
Name:	Signature:
Name:	Signature:
Name:	Signature:
Name:	Signature:
Name:	Signature:
Name:	Signature:

Site Supervisor: A copy of this signed method statement **MUST** be held on-site whilst works are undertaken

End.